



# Area Board Update - May 2016

#### Happy birthday!

The health and social care information website, Your Care Your Support Wiltshire, had its first birthday on 1 April 2015. During the year, it has been viewed 164,669 times and has been visited by 20,669

whilst approximately 33% were return users. The most popular pages on the site were:

· Paying for Care

How do I get care and support in Wiltshire?

users. Of those who visited, 67% were new to the site

Living with a disability/learning disability





### Listening to children and young people

Working in partnership with Community First Youth Action Wiltshire, Healthwatch Wiltshire has established a group of around 10 Young Listeners. Supported with training these young people are helping Healthwatch to understand the needs, experiences and concerns of children and young people who use health and social care services and to speak out on their behalf. The group is expected to carry out around 150 'listenings' over a year and is currently focused on the themes of living with Special Educational Needs and/or Disabilities (SEND); life as a young carer; and emotional wellbeing and mental health.

"I thought we would just do some listening and hand in the sheets, and I thought it would be quite boring. I have really gained so much confidence by doing this project and I can see the difference we can make." - Young Listener.

## Dementia Awareness Week 15-21 May 2016

This year's Dementia Awareness Week, 15 - 21 May, will encourage people who are worried about dementia to confront their worries by addressing dementia directly and coming forward for information and support. Dementia can be scary and many people don't know where to turn, but in Wiltshire there are organisations dedicated to supporting local people including Alzheimer's Support, Alzheimer's Society, and Carers Support Wiltshire.

As part of Dementia Awareness week Healthwatch Wiltshire and the Alzheimer's Society are holding a 'Drop In' Dementia event in Chippenham (Tuesday 17th May 2 - 4pm, Neeld Community and Arts Centre, Borough Parade, Chippenham, SN15 3WL). Come and join us for tea, cake and chat!

For more information about dementia and local services you can contact Healthwatch Wiltshire or check out Your Care Your Support Wiltshire: www.yourcareyoursupportwiltshire.org.uk/health-and-social-care/information-for-people-with -dementia.aspx. Healthwatch Wiltshire is also keen to hear from local people about their experiences of services.

#### Contact us:



